



# 2010

## AUCKLAND AGE GROUP INVITATIONAL (50m)

West Wave Aquatic Centre, Alderman Drive, Henderson  
Thursday 9<sup>th</sup> – Saturday 11<sup>th</sup> December 2010

### MEET PROGRAMME

Session 1 Thursday 9 <sup>th</sup> December 2010				Session 2 Thursday 9 <sup>th</sup> December 2010			
Warm-Up 8.00 – 8.45am Start 9.00am				Warm-Up 1.00 – 1.45pm Start 2.00pm			
Event	Age	Distance/Stroke	Sex	Event	Age	Distance/Stroke	Sex
1	Open	400 Free	Female	5	Open	50 Free	Female
2	Open	200 Free	Male	6	Open	50 Back	Male
3	Open	200 Breast	Female	7	Open	50 Fly	Female
4	Open	200 Fly	Male	8	Open	100 Breast	Male
				9	Open	100 Back	Female
				10	Open	400 IM	Male
				11	Open	200 IM	Female

FINALS Session 3 Thursday 9 <sup>th</sup> December 2010			
Session 3 Warm-Up 6.00 – 6.45pm Start 7.00pm			
Event	Age	Distance/Stroke	Sex
5B Final	Open	50 Free	Female
5A Final	Open	50 Free	Female
6B Final	Open	50 Back	Male
6A Final	Open	50 Back	Male
1B Final	Open	400 Free	Female
1A Final	Open	400 Free	Female
10B Final	Open	400 IM	Male
10A Final	Open	400 IM	Male
11B Final	Open	200 IM	Female
11A Final	Open	200 IM	Female
8B Final	Open	100 Breast	Male
8A Final	Open	100 Breast	Male
9B Final	Open	100 Back	Female
9A Final	Open	100 Back	Female
2B Final	Open	200 Free	Male
2A Final	Open	200 Free	Male
7B Final	Open	50 Fly	Female
7A Final	Open	50 Fly	Female
4B Final	Open	200 Fly	Male
4A Final	Open	200 Fly	Male
3B Final	Open	200 Breast	Female
3A Final	Open	200 Breast	Female



Session 4 Friday 10 <sup>th</sup> December 2010				Session 5 Friday 10 <sup>th</sup> December 2010			
Warm-Up 8.00 – 8.45am Start 9.00am				Warm-Up 1.00 – 1.45pm Start 2.00pm			
Event	Age	Distance/Stroke	Sex	Event	Age	Distance/Stroke	Sex
12	Open	200 Back	Female	16	Open	100 Free	Female
13	Open	200 Breast	Male	17	Open	100 Free	Male
14	Open	800 Free	Female	18	Open	50 Breast	Female
15	Open	1500 Free	Male	19	Open	50 Fly	Male
				20	Open	100 Fly	Female
				21	Open	100 Back	Male

FINALS Session 6 Friday 10 <sup>th</sup> December 2010			
Session 6 Warm-Up 6.00 – 6.45pm Start 7.00pm			
Event	Age	Distance/Stroke	Sex
15 Final	Open	1500 Free <i>(fastest 8 qualifiers)</i>	Male
18B Final	Open	50 Breast	Female
18A Final	Open	50 Breast	Female
19B Final	Open	50 Fly	Male
19A Final	Open	50 Fly	Male
16B Final	Open	100 Free	Female
16A Final	Open	100 Free	Female
17B Final	Open	100 Free	Male
17A Final	Open	100 Free	Male
12B Final	Open	200 Back	Female
12A Final	Open	200 Back	Female
13B Final	Open	200 Breast	Male
13A Final	Open	200 Breast	Male
20B Final	Open	100 Fly	Female
20A Final	Open	100 Fly	Female
21B Final	Open	100 Back	Male
21A Final	Open	100 Back	Male
14 Final	Open	800 Free <i>(fastest 8 qualifiers)</i>	Female



<b>Session 7 Saturday 11<sup>th</sup> December 2010</b>				<b>Session 8 Saturday 11<sup>th</sup> December 2010</b>			
Warm-Up 8.00 – 8.45am Start 9.00am				Warm-Up 1.00 – 1.45pm Start 2.00pm			
<i>Event</i>	<i>Age</i>	<i>Distance/Stroke</i>	<i>Sex</i>	<i>Event</i>	<i>Age</i>	<i>Distance/Stroke</i>	<i>Sex</i>
22	Open	200 Free	Female	26	Open	200 IM	Male
23	Open	200 Back	Male	27	Open	100 Breast	Female
24	Open	200 Fly	Female	28	Open	50 Breast	Male
25	Open	400 Free	Male	29	Open	50 Back	Female
				30	Open	50 Free	Male
				31	Open	400 IM	Female
				32	Open	100 Fly	Male

<b>FINALS Session 9 Saturday 11<sup>th</sup> December 2010</b>			
Session 9 Warm-Up 6.00 – 6.45pm Start 7.00pm			
<i>Event</i>	<i>Age</i>	<i>Distance/Stroke</i>	<i>Sex</i>
32B Final	Open	100 Fly	Male
32A Final	Open	100 Fly	Male
22B Final	Open	200 Free	Female
22A Final	Open	200 Free	Female
25B Final	Open	400 Free	Male
25A Final	Open	400 Free	Male
24B Final	Open	200 Fly	Female
24A Final	Open	200 Fly	Female
23B Final	Open	200 Back	Male
23A Final	Open	200 Back	Male
27B Final	Open	100 Breast	Female
27A Final	Open	100 Breast	Female
28B Final	Open	50 Breast	Male
28A Final	Open	50 Breast	Male
29B Final	Open	50 Back	Female
29A Final	Open	50 Back	Female
30B Final	Open	50 Free	Male
30A Final	Open	50 Free	Male
31B Final	Open	400 IM	Female
31A Final	Open	400 IM	Female
26B Final	Open	200 IM	Male
26A Final	Open	200 IM	Male



# LC QUALIFYING TIMES

2010 Auckland Age Group Invitational Meet (50m)  
Age as at 9<sup>th</sup> December 2010

MALE	13	14	15	16	Open
50 Free	30.40	29.20	29.00	29.00	26.30
100 Free	1:08.00	1:05.00	1:04.00	1:02.00	1:03.80
200 Free	2:28.00	2:21.00	2:19.00	2:19.00	2:19.00
400 Free	5:12.00	5:03.00	4:57.00	4:55.00	4:54.00
1500 Free	20:30.00	20:00.00	19:45.00	19:40.00	19:00.00
50 Back	36.40	35.50	35.40	35.40	33.30
100 Back	1:18.50	1:17.50	1:16.50	1:16.00	1:12.20
200 Back	2:47.00	2:45.00	2:43.00	2:43.00	2:34.00
50 Breast	40.90	39.80	39.30	38.60	37.30
100 Breast	1:28.50	1:27.50	1:26.50	1:26.00	1:21.00
200 Breast	3:08.00	3:06.00	3:04.00	3:00.00	2:56.00
50 Fly	36.00	33.87	33.14	31.60	28.80
100 Fly	1:20.00	1:18.50	1:17.50	1:17.00	1:12.00
200 Fly	3:00.00	2:58.00	2:56.00	2:56.00	2:45.00
200 IM	2:49.00	2:44.00	2:44.00	2:44.00	2:37.00
400 IM	6:12.00	6:08.00	6:04.00	6:00.00	5:40.00

FEMALE	13	14	15	16	Open
50 Free	31.30	31.30	31.00	31.00	30.30
100 Free	1:08.40	1:08.40	1:08.00	1:08.00	1:05.50
200 Free	2:32.05	2:31.50	2:31.00	2:28.00	2:21.00
400 Free	5:20.00	5:19.00	5:16.00	5:13.00	4:58.00
800 Free	10:50.00	10:45.00	10:40.00	10:35.00	10:15.00
50 Back	37.50	37.50	37.50	37.00	34.50
100 Back	1:19.80	1:19.80	1:19.50	1:18.50	1:15.00
200 Back	2:54.65	2:54.00	2:52.00	2:50.00	2:40.00
50 Breast	43.30	42.50	42.20	42.00	39.10
100 Breast	1:32.50	1:31.50	1:30.50	1:29.50	1:25.00
200 Breast	3:17.00	3:15.00	3:13.00	3:10.00	3:03.00
50 Fly	35.40	35.40	35.20	35.00	34.80
100 Fly	1:22.00	1:20.50	1:20.00	1:19.50	1:14.50
200 Fly	3:04.00	3:02.00	3:00.00	2:58.00	2:50.00
200 IM	2:49.02	2:49.60	2:49.60	2:49.00	2:42.00
400 IM	6:12.20	6:15.00	6:12.00	6:10.00	5:45.00



# SC QUALIFYING TIMES

2010 Auckland Age Group Invitational Meet (50m)  
Age as at 9<sup>th</sup> December 2010

MALE	13	14	15	16	Open
50 Free	29.55	28.35	28.15	28.15	25.45
100 Free	1:06.30	1:03.30	1:02.30	1:00.30	1:02.10
200 Free	2:24.60	2:17.60	2:15.60	2:15.60	2:15.60
400 Free	5:05.20	4:56.20	4:50.20	4:48.20	4:47.20
1500 Free	20:04.50	19:34.50	19:19.50	19:14.50	18:34.50
50 Back	35.55	34.65	34.55	34.55	32.45
100 Back	1:16.80	1:15.80	1:14.80	1:14.30	1:10.50
200 Back	2:43.60	2:41.60	2:39.60	2:39.60	2:30.60
50 Breast	39.90	38.80	38.30	37.60	36.30
100 Breast	1:26.50	1:25.50	1:24.50	1:24.00	1:19.00
200 Breast	3:04.00	3:02.00	3:00.00	2:56.00	2:52.00
50 Fly	35.30	33.17	32.44	30.90	28.10
100 Fly	1:18.60	1:17.10	1:16.10	1:15.60	1:10.60
200 Fly	2:57.20	2:55.20	2:53.20	2:53.20	2:42.20
200 IM	2:45.60	2:40.60	2:40.60	2:40.60	2:33.60
400 IM	6:05.20	6:01.20	5:57.20	5:53.20	5:33.20

FEMALE	13	14	15	16	Open
50 Free	30.45	30.45	30.15	30.15	29.45
100 Free	1:06.70	1:06.70	1:06.30	1:06.30	1:03.80
200 Free	2:28.65	2:28.10	2:27.60	2:24.60	2:17.60
400 Free	5:13.20	5:12.20	5:09.20	5:06.20	4:51.20
800 Free	10:36.40	10:31.40	10:26.40	10:21.40	10:01.40
50 Back	36.65	36.65	36.65	36.15	33.65
100 Back	1:18.10	1:18.10	1:17.80	1:16.80	1:13.30
200 Back	2:51.25	2:50.60	2:48.60	2:46.60	2:36.60
50 Breast	42.30	41.50	41.20	41.00	38.10
100 Breast	1:30.50	1:29.50	1:28.50	1:27.50	1:23.00
200 Breast	3:13.00	3:11.00	3:09.00	3:06.00	2:59.00
50 Fly	34.70	34.70	34.50	34.30	34.10
100 Fly	1:20.60	1:19.10	1:18.60	1:18.10	1:13.10
200 Fly	3:01.20	2:59.20	2:57.20	2:55.20	2:47.20
200 IM	2:45.62	2:46.20	2:46.20	2:45.60	2:38.60
400 IM	6:12.20	6:08.20	6:05.20	6:03.20	5:38.20



## MEET CONDITIONS & INFORMATION

Swimming Auckland Age Group Invitational is conducted under SNZ and ASA Rules and any local Meet conditions listed in this poster and in the programme. Any variation to local conditions will be published on the ASA website no later than 20<sup>th</sup> November 2010.

### ENTRIES:

**Closing Date:** Closing date **Monday 29<sup>th</sup> November 2010** at midnight.

LATE ENTRIES WILL ONLY BE ACCEPTED IN ACCORDANCE WITH THE PROVISION OF THIS POSTER AND ASA RULE R2.6.3. The fee for a late entry in accordance with R2.6.4 shall be \$50 per entry. No late entries will be accepted in the Control Room without payment of the correct fee.

**Electronic Entries:** For Clubs with Team Manager Software, entries to be emailed to [info@akswim.co.nz](mailto:info@akswim.co.nz) with proof of times report attached. All other entries to be on ASA Entry Form.

**Entry Fees:** **\$9.30** per entry incl. GST. Entries will not be accepted unless accompanied by full payment. One club cheque please, made payable to 'Auckland Swimming Association', with Fee Report attached. Send to: Auckland Swimming Association, PO Box 300 633, Albany.

**Entry Times:** Age as at 9<sup>th</sup> December 2010. Swimmers to contest their own age group.

No converted times – entries to be actual time swum. The fastest three heats will be cyclically (circle) seeded and all heats will be swum fastest to slowest (Long Course times followed by Short Course times), followed by non-qualified entries seeded LC – SC fastest to slowest.

All entry times must be achieved within the qualifying period to enter. Proof of Times Report must be forwarded with electronic entries. Entry times must be listed on SNZ or ASA database.

**Non-Qualifying Times:** Will only be accepted when the entry is accompanied by a \$25.00 bond. This bond is refundable following the meet if the swimmer achieves the entry time or better during the meet. No NQT's will be accepted for Distance Events (where distance events include 400 Free, 400 IM, 800 Free & 1500 Free). Any non-qualifying time entries must also have been achieved within the qualifying period and must have accompanying Proof of Times Report.

**Qualifying Period:** 3<sup>rd</sup> December 2009 – until last day of meet 11<sup>th</sup> December 2010.



- 1500m Free:** Entries for the 1500m freestyle will be restricted to a maximum of 24. Where required, priority will be given to the fastest 4 qualifiers in each age group band, followed by the fastest qualifiers in any age band based on long course qualifying times, followed by short course qualifying times. The fastest 8 LC qualifiers will be given direct entry to and will contest the final. Reserves for the final will be drawn from the fastest heat swims.
- 800m Free:** Entries for the 800m freestyle will be restricted to a maximum of 32. Where required, priority will be given to the fastest 4 qualifiers in each age group band, followed by the fastest qualifiers in any age band based on short course qualifying times, followed by long course qualifying times. The fastest 8 LC qualifiers will be given direct entry to and will contest the final. Reserves for the final will be drawn from the fastest heat swims.
- B Finals:** B Finals have been scheduled for all events 400m and down. In the event that there are fewer than 56 entrants per event then the B Final will be withdrawn for that event. The inclusion or otherwise of B Finals for specific events will be confirmed once entries have been received and the psych sheets posted on the ASA website.
- Withdrawals:** NO REFUNDS for Withdrawals.  
All withdrawals for Session 1 are to be received at the Auckland Swimming office by midnight Wednesday 8<sup>th</sup> December 2010. Withdrawals for Sessions 2, 4, 5, 7 & 8 must be into the AOD control room within 15 minutes of the end of the preceding session. Withdrawals from Finals (Sessions 3, 4 & 9) must be made no more than 30 minutes following the posting of the results for the relevant event. Failure to swim a Final without scratching within the required time may result in a fine of up to \$50.00 being imposed at the discretion of the Meet Director.
- Protests:** Protests must be lodged in accordance with SNZ Regulation 4.
- Starts:** 'Over the Top' starts (except Finals Sessions 3, 6 & 9) and the FINA One Start Rule (SW 4.4) will apply.
- Results:** These will be placed downstairs on the wall by the entrance and upstairs on the walkway at the back of the dive well. Subject to technical capacity, 'Live Results' will be operating during the course of the meet.
- Reseeding:** All heats are scratch seeded. Heats may be reseeded at the Session Referee's discretion.
- Marshalling:** For sessions 1, 2, 4, 5, 7 & 8, swimmers are to report to the Marshalling area 6 races before their race. For Finals, specifically Sessions 3, 6 & 9, marshalling will be informal and swimmers will be expected to be present in the Marshalling Zone two races before their Final. Failure to report in sufficient time may result in swimmers missing their Final, in which case a fine (as detailed above) for failing to swim without scratching may be applied. Finals events will not be delayed to accommodate swimmers who fail to meet the informal marshalling requirements.



- Poolside Officials:** Auckland Swimming will endeavour to obtain the necessary number of officials but the number on poolside may be more or less than the requirement set out in SNZ rules. Clubs are to supply: **1 Official per 4 swimmers per session**, unless requested before the meet to provide more.
- Pool Deck Passes:** All swimmers, coaches, managers and pool side officials must display an ASA identity card. No access to the poolside area will be permitted without a valid ASA pass.
- MEDALS:**
- Open Age:** Open Age Medals will be awarded to the top three place getters in the Final of each event where finals are swum. Open Medals will be presented in Sessions 3, 6 & 9.
- Youth:** Youth Medals will be awarded to the fastest three youth swimmers in either the A or B Finals. In the event of there being insufficient youth swimmers in either A or B Finals, then place will be determined from the fastest youth swimmers in the Heats. For the purposes of this meet, 'Youth' shall be 15 years and under as of 9<sup>th</sup> December 2010. Youth medals will be presented in Sessions 3, 6 & 9.
- Age-Group:** Age-Group Medals will be awarded for all events on a 'Heat Declared Winner' basis in the following age-groups: 13, 14, 15 & 16. Age group medals are to be collected from the medal table by team managers.
- SPECTATORS:** Admission \$2.00 per session. Programmes: \$2.00 per session at door. Full day pass to include programmes for each session - \$9.00 per day. Season ticket (all sessions with programmes) \$20.00. Family concession - \$30.00 all sessions for two adults. Children 12 & under free entry. Concessions available to pre-purchase from [info@akswim.co.nz](mailto:info@akswim.co.nz) or at the door.

**All participants must agree to comply with the Sports Anti-Doping Rules**