



SWIM T3

JUNIOR LEAGUE



Welcome to the Swim T3 Junior League

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The Swim T3 Junior League is an initiative by Auckland Swimming. Now in its fourth year, league swimming creates opportunities for participation in swimming as an organised sport, with particular emphasis on team involvement.

The following Quick Facts are expanded further in this information pack:

Quick Facts

How it works

There are two competition seasons available in 2013 (School Terms 1 & 3). Teams will be placed in groups for a seeding round. They will then be placed in divisions for five rounds culminating in a Divisional Final. Each round will be approximately 55 minutes long. The emphasis is on fun and participation, but with a real competitive edge.

Competition Season Dates:

Round	Term 1 2013	Pool
1	2 nd March (Grading)	Diocesan Pool
2	9 th March	Cameron Pool
3	23 rd March	Cameron Pool
4	6 th April	Cameron Pool
5	13 th April (Divisional Final)	Diocesan Pool

Round	Term 3 2013	Pool
1	10 th August (Grading)	TBA
2	17 th August	TBA
3	24 th August	TBA
4	7 th September	TBA
5	21 st September (Divisional Final)	TBA

Competition Location

Competition is scheduled on Saturdays and will be held at the Diocesan Pool in Epsom or the Cameron Pool in Mt Roskill. Divisions will be allocated a time slot for each round. The time slot will include a warm-up time.

Team Size

Minimum team size will be 16 swimmers (8 male and 8 female), although an ideal team size will be in the region of 24 swimmers. Every swimmer, regardless of ability, will contribute to the overall team result. Teams will be made up of swimmers from school years 5 – 8 (8 – 12 years).

Race Events

Each round consists of sprint events, covering all strokes and relays. Depending on the swimmers age, most events are either 1 or 2 lengths of the 25 meter pool.

Team training commitment

A team would ideally hold one or two practice sessions preceding each round. It is recommended that they concentrate on basic competitive skills (dive starts, relay takeovers etc).

Coaching Assistance

If you do not have swim coaching support for your team and require help, please contact Auckland Swimming. A mentor can be provided at a cost of \$400 for the season.

Team Fees

The cost is \$600 per team plus individual registration fees. If a team mentor is used, this also needs to be added to the total team cost.

Individual registration fees are:

- **Nil for swimmers who are currently registered as competitive swimmers in the Auckland Region (ASA)**
- **\$20 (if not a currently registered competitive swimmer), but discounted to \$15 if registering with a Swimming NZ affiliated club when joining the league**

Team Volunteer Requirements at Meets

Each team will need to contribute three volunteers when they compete (two time-keepers and an admin assistant).

Prizes

The winning teams in each division will be presented with the following cups:

The Helen Norfolk Cup (Division 1)

The Alison Fitch Cup (Division 2)

Swim T3 Division 3 Cup

In addition, all team members in the top three teams will receive either medals or ribbons.

Interested, what do we do now?

In this package you will find team and individual registration forms. If you wish to discuss your interest, either call or email Brian from Auckland Swimming on **09 4481480**, or email **brian@akswim.co.nz**.