

Central Zone Level 3 Swim Meet

Sunday 24 August 2014

Sacred Heart Aquatic Centre - Gate 4, 250 West Tamaki Rd, Glendowie

Warm up: 9:00am Start 9:30am

<u>Events</u>

1	200 m Free (top 16)	9	25m Breast
2	100m Back	10	50m Back
3	50m Breast	11	100m Breast
4	25m Free	12	25m Fly
5	100 I.M.	13	200m Back (top 16)
6	50m Fly	14	50m Free
7	25m Back	15	100m Freestyle relay (4 x 25)
8	100m Free	16	100m Medley Relay (4 x 25)

Meet Conditions

• Meet swum under SNZ and local rules.	 Clubs to supply 1 time keeper or IOT per 4 swimmers to a max of 4 unless requested before the meet for more.
 Age as at day of meet. 	 No swimmers may have achieved a level 1 or level 2 time.
All timed finals graded scratch.	 Refunds only on the sighting of a medical certificate within 48 hours of the end of the meet.
 All placing's declared on times. 	 Swimmers must report to marshalling 6 heats before their races.
• All times to be converted to short course.	 ASA will endeavor to obtain the necessary number of officials but the number on poolside may be more or less than required as set out in SNZ rules.
• "No Times" entries will not be accepted.	 All participants must agree to comply with the Sports Anti-doping rules.
• No time trials permitted.	 1st, 2nd, 3rd Ribbons awarded for each heat on day or posted out.
 Late entries \$10 per event, only if there is a spare lane and at controller discretion, heats will not be reseeded. 	 Entries \$5.00 per individual event.

Entries Close - 5pm Sat 16th August 2014