

25M Pool x 7 Lanes

	Warm up: 2.30pm	Start: 3.00pm	
1	100m Free	9	25m Free
2	50m Breast	10	100m Back
3	25m Back	11	25m Breast
4	100m I.M.	12	50m Back
5	50m Free	13	100m Breast
6	25m Fly	14	200m Free
7	200m Breast	15	50m Fly
8	4 x 25m Relay - Medley	16	4 x 25m Relay – Free

MEET CONDITIONS:

- SNZ Rules and local rules apply.
- Age as at day of meet.
- No swimmer may have achieved a Level 1 or 2 time. All times to be (SC) or best LC converted to (SC).
- PB ribbons to all who achieve PB's.
- All timed finals, graded scratch, results declared on times.
- "No Times (NT)" entries will not be accepted. No time trials permitted.
- Swimmers must report to marshalling 6 heats prior to their race.
- Over the top starts and the One Start Rule will apply.
- 200m events top 14 only.
- Late entries \$10.00 per event, only if there is a spare lane and at meet controller's discretion. Heats will not be reseeded.
- No refund on scratching, unless a medical certificate is sighted no later than 48 hours from the end of the meet.
- Clubs to provide: 1 Official per 4 swimmers.
- Poolside Officials: ASA will endeavour to obtain the necessary number of officials but the number on poolside may be more or less than the requirement set out in SNZ Rules.
- All participants must agree to comply with the Sports Anti-Doping Regulations.

Entries \$5.00 per event – no relay fees.

Entries submitted by zipped file with Meet Entry and Entry Fee reports.

Deposits to account no.06-0177-0108914-00, or post to Meet Controller:

Kim Munro, Roskill Swimming Club, PO Box 49041, Roskill South.

Email: <u>handicapper@swimroskill.co.nz</u>

ENTRIES CLOSE Sunday 1st March 2015 Please submit officials list with entries.