

NORTHERNZONE

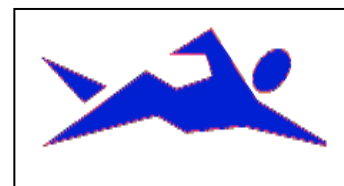
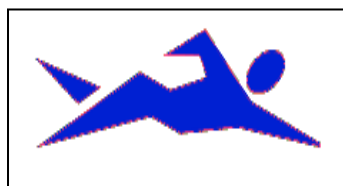
LEVEL 3

Sir Owen G. Glenn National Aquatic

Centre

17 Antares Place, Mairangi Bay

25m Pool x 10 Lanes



Saturday September 19th, 2015

Warm Up 11.00am, Start 11.40am

Programs \$ 1
Spectators \$ 2

Event Number	Event
1	200 Breast
2	25 Fly
3	100 Free
4	25 Back
5	100 Back
6	50 Breast
7	200 IM
8	25 Breast

Event Number	Event
9	100 IM
10	50 Free
11	100 Breast
12	25 Free
13	50 Fly
14	50 Back
15	4 x 25m Free Relay
16	4 x 25 Medley Relay

Entry \$5.00 per event

CONDITIONS

MEET TO BE SWUM UNDER NZSF RULES - LOCAL RULES WILL APPLY ♦ Entries with no times will not be accepted. ♦ Ribbons will be awarded to everyone who does a PB! ♦ All times submitted must be converted to short course times for the length swum. ♦ Age as at day of meet ♦ Scratchings to be advised to the Chief Marshall no later than 10 minutes before scheduled start time of the meet ♦ All heats graded scratch ♦ ASA will endeavour to have the correct number of officials for a Level 3 meet. All Participants must agree to comply with the Sports Anti-Doping Rules.

This is a one start meet

ENTRIES CLOSE – Monday 14th Sept 2015

Please post to Toni Bayliffe or Email toni@nss.org.nz
North Shore Swimming PO Box 302-145, North Harbour Mail Centre
Ph. 477 2047

EACH CLUB MUST SUPPLY 1 OFFICIAL PER 4 SWIMMERS TO A MAX OF 4 UNLESS REQUESTED BEFORE THE MEET TO PROVIDE MORE.
NAMES TO BE SUPPLIED WITH ENTRIES.

