



Welcome to the SWIM T3 2015 TERM 3 JUNIOR LEAGUE

The Swim T3 Junior League is an initiative by Auckland Swimming. Now in its fifth year, league swimming creates opportunities for participation in swimming as an organised sport, with particular emphasis on team involvement.

The following Quick Facts are expanded further in this information pack:

Quick Facts

How it works

There are two competition seasons available in 2015 (School Terms 1 & 3). Teams will be placed in groups for a seeding round. They will then be placed in divisions for five rounds culminating in a Divisional Final. Each round will be approximately 55 minutes long. The emphasis is on fun and participation, but with a real competitive edge.

2015 Competition Season 2 Dates:

Round	Term 3 2015	Pool
1	8 th August (Grading)	Dio Pool
2	22 nd August	Dio Pool
3	5 th September	Dio Pool
4	12 th September	Dio Pool
5	26 th September (Final)	Dio Pool

Competition Location

Competition is scheduled on Saturdays and will be held for both 2015 seasons at the Cameron Pool, Mt Roskill. Divisions will be allocated a time slot for each round. The time slot will include a warm-up time.

Team Size

Minimum team size will be 16 swimmers (8 male and 8 female), although an ideal team size will be in the region of 24 swimmers. Every swimmer, regardless of ability, will contribute to the overall team result. Teams will be made up of swimmers from school years 5 – 8 (8 – 12 years).

Race Events

Each round consists of sprint events, covering all strokes and relays. Depending on the swimmers age, most events are either 1 or 2 lengths of the 25 meter pool.

Team training commitment

A team would ideally hold one or two practice sessions preceding each round. It is recommended that they concentrate on basic competitive skills (dive starts, relay takeovers etc).

Team Fees

The cost is \$600 per team plus individual registration fees.

Individual registration fees are:

- **Nil for swimmers who are currently registered as competitive swimmers in the Auckland Region (ASA)**
- **\$20 (if not a currently registered competitive swimmer), but discounted to \$15 if registering with a Swimming NZ affiliated club when joining the league**

Team Volunteer Requirements at Meets

Each team will need to contribute three volunteers when they compete (two time-keepers and an admin assistant).

Prizes

The winning teams in each division will be presented with the following cups:

The Helen Norfolk Cup (Division 1)

The Alison Fitch Cup (Division 2)

Swim T3 Division 3 Cup

In addition, all team members in the top three teams will receive either medals or ribbons.

Interested, what do we do now?

In this package you will find team and individual registration forms.

Please complete and return with payment to;

Auckland Swimming

ASA Junior League

PO Box 20241

Henderson.

Entries and Payments must be received by Friday 31st July 2015

If you wish to discuss your interest, either call or email Brett from Auckland Swimming on **09 4481480**, or email **brett@akswim.co.nz**.

SWIM T3 JUNIOR LEAGUE RULES

Rules specific to the Swim T3 Junior League:

1. All swimsuits must be fabric. No wetsuits are permitted.
2. All swimmers must be registered with the Swim T3 Junior League in order to be eligible to swim in a Final, and must have swum in at least one preceding round.
3. No swimmer may swim more than two individual events in their category, and no more than two additional individual events in a higher category in any round.
4. A swimmer may swim an unlimited number of relays in their own or higher category. No swimmer may swim twice in any relay event.
5. Classification will be made based on the swimmer's age as at 08th August 2015 (Swim T3 Junior League Term 3)
6. The 'one-start' rule will apply.
7. Except where electronic timing is used, the Session Referee shall determine 1st, 2nd, 3rd placings. The Referee may refer to the timesheets to assist in decisions of 1st, 2nd, 3rd placings. Subsequent placings for each lane will be determined by timekeeper's sheets using either a time averaged from two manual timings on each lane (where available), or the slowest of two manual timings on each lane (where available).
8. The Session Referee's decision will be final.
9. Each team will supply two timekeepers (who will be assigned a lane other than their team lane) and one administration assistant, per session.
10. There will be no marshalling. Team Managers are responsible for ensuring that swimmers are available at the start of each event. The start of events will not be delayed.
11. Team Manager's Sheets must be made available at the Auckland Swimming office no later than **Thursday 12 noon preceding the Swim T3 Junior League round**. Changes to the team list may be made up to 30 minutes before the start of a session, but Team Managers must supply an updated Team Manager Sheet to the administration desk prior to the start of that session.
12. Points allocation will be made in accordance with the published schedule. Teams will be seeded after the first grading round (random lane draw) and then seeded into subsequent rounds/sessions according to accumulated team points score. In each subsequent session lane allocation will be circle-seeded according to accumulated team points score. For the Final Round, lanes only will be allocated by accumulated team points score from previous rounds. All points will revert back to zero.
13. Technical infringements as determined by the Referee will result in relegation to last place for that event (and corresponding points score for that event). A Referee may determine that a team's repeated technical offending may constitute cheating in the context of fair play and of the Swim T3 Junior League rules, in which case the team may be disqualified for that event at the Referee's discretion. The Referee's decision will be final. In the event of a disqualification, no points will be awarded for that event.
14. For the avoidance of doubt, unless a matter is covered under Swim T3 Junior League Rules, the Referee will use the rules of the ASA (Auckland Swimming Association).

Classification of Swimmers

Swimmers in the Swim T3 Junior League are given a 'classification' which is determined on the basis of age, school year (in the case of school students) and also whether or not the swimmer is currently competing as a 'Competitive swimmer'*.

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Classification	School (Year)	Age Guideline
C1	5	8 & under
C2	6	9 - 10
C3	7	10 - 11
C4	8	11 - 12

Upon registration a swimmer will be classified for that league season. Age classification shall be calculated by the swimmer's age as at the date of the first league round for that season.

Swimmers may swim in a higher category but may not swim down.

Swimmers younger than school Year 5 may participate in the League as C1 swimmers, providing they meet minimum competency standards. Generally we would see this as being able to competently swim 2 lengths of a pool – if they are going to swim a form stroke, they must be competent in the execution of that stroke as Referees will disqualify for incorrect stroke swimming (especially in Breaststroke and Butterfly).

* A competitive swimmer is defined as a swimmer currently registered with a Swimming New Zealand affiliated competitive swimming club

Guidelines for Team Managers

For many children, their first experience of competitive swimming will be in the Swim T3 Junior League. Also, for many parents, this will be their first experience on 'official duties'. We look forward to this and hope to create an environment that ensures these 'firsts' are positive experiences.

The following helpful notes have been provided for your assistance, particularly for those of you who are accepting a Team Manager's position for the first time:

Before the commencement of ASA Junior League you will find a copy of the Swim T3 Junior League Rules and a Team Manager Sheet on the ASA website which will list the events to be swum. Events swum in Rounds 1, 3, 5 are slightly different to Rounds 2, 4, or 6, therefore, make sure that you are using the right Team Manager Sheet. Refer to the Swim T3 Junior League page on the ASA website for all information.

Teams will be notified of their start times.

'Over the top starts' will be used in the Swim T3 Junior League. Swimmers may use the starting blocks or start in the water from the side of the pool. Recognising that for many swimmers this will be their first time 'competing', a 'two-start' rule procedure will be used.

Before Coming to the Pool

- Refer to the programme of events and decide which swimmer will swim in which event. Try to give each swimmer the same number of races and be aware of the sequence of races so that the swimmer does not have to swim races too close together. Remember, teams can participate even if there are only a minimal number of members available (subject to the minimum / maximum events ruling as specified in the Information Sheet).
- Enter the full name of each swimmer on the Team Manager Sheet.
- Contact each swimmer in your team and advise them which team they are in and where and when they will be swimming.
- Complete the Team Manager Sheet and return to the ASA office prior to the commencement of each round, either scanned and emailed, or using the on-line form.
- You will receive notification of your start-time at the pool (which may differ from round to round depending on grading) and lane draw.
- Arrange officials as requested making sure that your Timekeepers know to average the time (i.e. TK1 = 38.75, TK2 = 38.95, therefore averaged time is 38.85)

If they are not confident about averaging, they can just write all times on the sheet, leave, and the recorders will attend to this.

- During the course of the Swim T3 Junior League round, your volunteer officials may also be expected to act as:

☞ Runner

☞ Assistant Recorder

☞ Rope Steward

☞ False Start Official

Upon Arrival at the Pool

- Changes to your Team Manager Sheet can be made up to 10mins before start time, but please ensure that you hand in a copy of your Team Manager Sheet to the Recorder's table before the commencement of the session.
- Make sure the swimmers know which event they are swimming, your team's allocated lane for warm-up and competition, and that they are ready to swim as required.
- Over-the-top starts will be used so please ensure that your swimmers are prepared for this. Please consult your coach if unsure.
- Check with your Timekeepers and advise them to report to the Recorder's desk 15 mins before your round begins, to be allocated their lane and be given stopwatches and timekeeping sheets.
- Each swimmer must report back to you immediately after each event and remain with you to be advised of their next swim.
- The Swim T3 Junior League program should take about 55 minutes for each 'round'.
- If you and your team are well organised, you, your new swimmers and their parents will enjoy their first experience of competitive swimming.

The order of the Individual Medley is:

Butterfly
Backstroke
Breaststroke
Freestyle

The order of the Medley Relay is:

Backstroke
Breaststroke
Butterfly
Freestyle

SWIM T3 JUNIOR LEAGUE

SCORING SYSTEMS

Scoring in the Swim T3 Junior League is based on team performance. Except when a swimmer is disqualified, each swimmer will contribute to the overall total and performance of the team. Results in the Swim T3 Junior League are based on the total accumulated points for the whole team.

Except for Grand Finals (or curtain-raisers to Premier League Grand Finals) at West Wave Pool where touch-pads may be in use and places will be established by electronic timing, placing for each event will be determined by:

- **Places 1st – 3rd** by the Referee (who may use recorded times to verify the place recorded).
- **Places 4th – 8th** by Timekeepers (either, as averaged between the two times recorded on each lane, or the slowest of the two times recorded on each lane). The time allocated shall be the official time, and except for the case of places 1st – 3rd, shall be the only verification of place.

Once place is established, points will be allocated toward the team total for each event in accordance with the following method:

Note: Event #41 is a 'Canon' Relay, made up of 8 swimmers (1 male and 1 female from each of the 4 swimmer categories), each swimming 50m freestyle. Swimmers may swim in any order.

No swimmer may swim twice in any Relay event.

POINTS ALLOCATION (8-lane pool)

Individual Events	
<i>Place</i>	<i>Points</i>
1 st	8
2 nd	7
3 rd	6
4 th	5
5 th	4
6 th	3
7 th	2
8 th	1

Relays (except Event #41 Canon Relay)	
1 st	16
2 nd	14
3 rd	12
4 th	10
5 th	8
6 th	6
7 th	4
8 th	2

Event #41 Canon Relay	
1 st	24
2 nd	21
3 rd	18
4 th	15
5 th	12
6 th	9
7 th	6
8 th	3

Scoring in a round with fewer than eight teams

A scoring formula has been established to cater for events being swum with fewer than eight teams has been prepared and shall be applied to the points derived from any round scheduled to be swum with fewer than 8 teams.

When a team scheduled to swim forfeits

If the forfeit is for an 8 team round then points shall be allocated 8, 7, 6, 5, 4, 3, 2, and so on.

	7 Teams			6 Teams		
<i>Place</i>	<i>Individual</i>	<i>Relay</i>	<i>Canon</i>	<i>Individual</i>	<i>Relay</i>	<i>Canon</i>
1 st	8	16	24	8	16	24
2 nd	7	14	21	7	14	21
3 rd	6	12	18	6	12	18
4 th	5	10	15	5	10	15
5 th	3.5	7	10.5	2.5	5	7.5
6 th	2.5	5.0	7.5	1	2	3
7 th	1	2	3			

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Team Registration Form

Team Name:		
Team Contact Person:		
Address:		
Contact Phone Numbers:	Daytime Ph:	
	Evening Ph:	
	Mobile Ph:	
Contact Email Address:		
Preferred Team Colours:		
Team Entry Fee:	\$600.00	
	incl. GST	
Total Personal Registration Fees:	\$	
TOTAL Amount Payable:	\$	

We will pay the Team Registration Fee (\$600.00 incl GST) together with all Personal Registration fees (if applicable) no later than **Friday 31st July 2015**

Team Registrations to be sent to:

Auckland Swimming, ASA Junior League, PO Box 20241, Henderson.

Cheques made payable to '**Auckland Swimming**'