

Its time for league



ASL Senior League 2012 Season

Round 1	9 th June Diocesan Pool
Round 2	16 th June Diocesan Pool
Round 3	7 th July Cameron Pool
Round 4	14 th July Diocesan Pool





AUCKLAND SWIMMING LEAGUE

Induction Package

SENIOR LEAGUE





Table of Contents

- Introduction to the ASL
- Programme of Events
- Classification of Swimmers
- Scoring Systems
- Team Entry Form
- Register of Team Members
- Individual Registration Form
- ASL Rules





Welcome to the Auckland Swimming League ASL 2012 SENIOR LEAGUE

The Auckland Swimming League is the flagship of league swimming in Auckland. This exciting competition is designed to bring opportunities for short, sharp, competitive swimming with real spectator appeal.

The following Quick Facts are expanded further in this information pack.

Quick Facts

How it Works

The ASL Senior League season will be spread over 4 rounds. Teams will enter the Senior League and will compete in three (3) round robin events where each team will accumulate points. The 4th round will be the League Final.

The competition program comprises mainly 50-metre, 100-metre and relay events, with the addition last year of 25-metre freestyle sprint events, all spread over approximately 55 minutes. This season we have added a distance/mid-distance event of 800m Free (Round 1), 400m Free (Round 2 & 4) and 200 Free (Round 3).

Team Size

Maximum team size this season will be no more than 18 swimmers (9 male and 9 female), although an ideal team size will be 16 swimmers. Every swimmer, regardless of ability, will contribute to the overall team result. When registering for the Senior League, swimmers will be allocated a racing classification in one of three categories. This will be based on age and include separate categories for masters swimmers. Each team will be comprised of swimmers representing each of the three swimming categories.

Competition Location

Competition is scheduled on <u>Saturday evenings</u> and will be held the Diocesan Pool in Epsom (Rounds 1, 2 & 4) and the Cameron Pool in Mt Roskill (Round 3). Divisions will be allocated a time slot for each round. The time slot will include a warm-up time.

2012 Competition Season Dates:

Round	Date	Location
1	Saturday 9 th June	Diocesan Pool
2	Saturday 16 th June	Diocesan Pool
3	Saturday 7 th July	Cameron Pool
4	Saturday 14 th July	Diocesan Pool

Team Training Commitment

A team would ideally hold one or two practice sessions preceding each round. It is recommended that they concentrate on basic competitive skills (dive starts, relay takeovers etc).





Coaching Assistance

If you do not have swim coaching support for your team and require help, please contact Auckland Swimming. A mentor can be provided at a cost of \$400 for the season.

Club or Team?

ASL is not primarily a club-based competition and welcomes participation from athletes and teams that may be from outside the competitive swimming 'fraternity'. Teams may be from a club identity, but equally they may derive from other aquatic disciplines (Masters, Surf, Water-polo, etc), from business houses, or equally they may be 'private'. ASL also encourages participation by schools. Athletes cannot swim for more than one team during a league season.

Team Fees

The cost is \$600 per team plus individual registration fees. If a team mentor is used, this also needs to be added to the total team cost.

Individual registration fees are:

- ✓ Nil for currently registered competitive swimmers
- <u>Student Membership</u> \$20 if not a currently registered competitive swimmer, or
 \$15 if registering with a Swimming NZ affiliated club when joining the league
- <u>Adult Membership</u> \$30 if not a currently registered competitive swimmer, or
 \$20 if registering with a Swimming NZ affiliated club when joining the league

Team Volunteer Requirements at Meets

Each team will need to contribute three volunteers when they compete (two timekeepers and one administrative assistant).

Prizes

The ASL Champions Trophy will be awarded to the winner of the Grand Final. In addition, Gold, Silver and Bronze Medals will be awarded to the top three teams in the Grand Final.

Interested, what do we do now?

In this package you will find team and individual registration forms. If you wish to discuss your interest, either call or email Brian from Auckland Swimming on **09 4481480**, or email **brian@akswim.co.nz**.





ASL 2012 SENIOR LEAGUE

	PROGRAMME OF EVENTS							
	Round	11	Round 2					
Event #	Category	Event	Event #	Category	Event			
1	Womens Open	100m IM	1	Womens Open	100m IM			
2	Mens Open	100m IM	2	Mens Open	100m IM			
3	Womens Open	200m Free Relay	3	Womens Open	200m Free Relay			
4	Mens Open	200m Free Relay	4	Mens Open	200m Free Relay			
5	Mixed C1	200m Medley Relay	5	Mixed C1	200m Medley Relay			
6	Mixed C2	200m Medley Relay	6	Mixed C2	200m Medley Relay			
7	Womens C1	25m Free	7	Womens C1	25m Free			
8	Mens C1	25m Free	8	Mens C1	25m Free			
9	Womens C2	25m Free	9	Womens C2	25m Free			
10	Mens C2	25m Free	10	Mens C2	25m Free			
11	Womens Open	25m Free	11	Womens Open	25m Free			
12	Mens Open	25m Free	12	Mens Open	25m Free			
13	Womens Open	100m Butterfly	13	Womens Open	100m Butterfly			
14	Mens Open	100m Butterfly	14	Mens Open	100m Butterfly			
15	Womens C1	50m Backstroke	15	Womens C1	50m Backstroke			
16	Mens C1	50m Backstroke	16	Mens C1	50m Backstroke			
17	Womens C2	50m Breastroke	17	Womens C2	50m Breastroke			
18	Mens C2	50m Breastroke	18	Mens C2	50m Breastroke			
19	Joint W/M Open	800m Freestyle	19	Joint W/M Open	400m Freestyle			
20	Mixed C1	200m Free Relay	20	Mixed C1	200m Free Relay			
21	Mixed C2	200m Free Relay	21	Mixed C2	200m Free Relay			
22	Womens Open	100m Backstroke	22	Womens Open	100m Backstroke			
23	Mens Open	100m Backstroke	23	Mens Open	100m Backstroke			
24	Womens C1	50m Breastroke	24	Womens C1	50m Breastroke			
25	Mens C1	50m Breastroke	25	Mens C1	50m Breastroke			
26	Womens C2	50m Butterfly	26	Womens C2	50m Backstroke			
27	Mens C2	50m Butterfly	27	Mens C2	50m Backstroke			
28	Womens Open	100m Breaststroke	28	Womens Open	100m Breaststroke			
29	Mens Open	100m Breaststroke	29	Mens Open	100m Breaststroke			
30	Womens C1	50m Freestyle	30	Womens C1	50m Butterfly			
31	Mens C1	50m Freestyle	31	Mens C1	50m Butterfly			
32	Womens C2	50m Backstroke	32	Womens C2	50m Freestyle			
33	Mens C2	50m Backstroke	33	Mens C2	50m Freestyle			
34	Womens Open	100m Freestyle	34	Womens Open	100m Freestyle			
35	Mens Open	100m Freestyle	35	Mens Open	100m Freestyle			
36	Womens Open	200m Medley Relay	36	Womens Open	200m Medley Relay			
37	Mens Open	200m Medley Relay	37	Mens Open	200m Medley Relay			
38	Mixed Canon Relay	8 x 50m Freestyle Relay	38	Mixed Canon Relay	8 x 50m Freestyle Relay			



Double Points



Triple Points





PROGRAMME OF EVENTS							
	Round	3	Round 4				
Event #	Category	Event	Event #	Category	Event		
1	Womens Open	100m IM	1	Womens Open	100m IM		
2	Mens Open	100m IM	2	Mens Open	100m IM		
3	Womens Open	200m Free Relay	3	Womens Open	200m Free Relay		
4	Mens Open	200m Free Relay	4	Mens Open	200m Free Relay		
5	Mixed C1	200m Medley Relay	5	Mixed C1	200m Medley Relay		
6	Mixed C2	200m Medley Relay	6	Mixed C2	200m Medley Relay		
7	Womens C1	25m Free	7	Womens C1	25m Free		
8	Mens C1	25m Free	8	Mens C1	25m Free		
9	Womens C2	25m Free	9	Womens C2	25m Free		
10	Mens C2	25m Free	10	Mens C2	25m Free		
11	Womens Open	25m Free	11	Womens Open	25m Free		
12	Mens Open	25m Free	12	Mens Open	25m Free		
13	Womens Open	100m Butterfly	13	Womens Open	100m Butterfly		
14	Mens Open	100m Butterfly	14	Mens Open	100m Butterfly		
15	Womens C1	50m Backstroke	15	Womens C1	50m Backstroke		
16	Mens C1	50m Backstroke	16	Mens C1	50m Backstroke		
17	Womens C2	50m Breastroke	17	Womens C2	50m Breastroke		
18	Mens C2	50m Breastroke	18	Mens C2	50m Breastroke		
19	Womens Open	200m Freestyle	19	Womens Open	400m Freestyle		
20	Mens Open	200m Freestyle	20	Mens Open	400m Freestyle		
21	Mixed C1	200m Free Relay	21	Mixed C1	200m Free Relay		
22	Mixed C2	200m Free Relay	22	Mixed C2	200m Free Relay		
23	Womens Open	100m Backstroke	23	Womens Open	100m Backstroke		
24	Mens Open	100m Backstroke	24	Mens Open	100m Backstroke		
25	Womens C1	50m Breastroke	25	Womens C1	50m Breastroke		
26	Mens C1	50m Breastroke	26	Mens C1	50m Breastroke		
27	Womens C2	50m Butterfly	27	Womens C2	50m Backstroke		
28	Mens C2	50m Butterfly	28	Mens C2	50m Backstroke		
29	Womens Open	100m Breaststroke	29	Womens Open	100m Breaststroke		
30	Mens Open	100m Breaststroke	30	Mens Open	100m Breaststroke		
31	Womens C1	50m Freestyle	31	Womens C1	50m Butterfly		
32	Mens C1	50m Freestyle	32	Mens C1	50m Butterfly		
33	Womens C2	50m Backstroke	33	Womens C2	50m Freestyle		
34	Mens C2	50m Backstroke	34	Mens C2	50m Freestyle		
35	Womens Open	100m Freestyle	35	Womens Open	100m Freestyle		
36	Mens Open	100m Freestyle	36	Mens Open	100m Freestyle		
37	Womens Open	200m Medley Relay	37	Womens Open	200m Medley Relay		
38	Mens Open	200m Medley Relay	38	Mens Open	200m Medley Relay		
39	Mixed Canon Relay	8 x 50m Freestyle Relay	39	Mixed Canon Relay	8 x 50m Freestyle Relay		



Double Points



Triple Points





CLASSIFICATION OF SWIMMERS

Swimmers in the ASL Senior League are given a 'classification' which is determined on the basis of age:

ASL 2012 SENIOR LEAGUE

Category	Age	Adult/Masters
C1	13yrs/under	45yrs/over
C2	16yrs/under	30yrs – 44 yrs
OPEN	Open	Open

Upon registration a swimmer will be classified for that league season. Age classification shall be calculated by the swimmer's age as at the date of the first league round (i.e. 2012 ASL Senior League being 9th June 2012).

Swimmers may swim up in a higher category but may not swim down.





ASL 2012 SENIOR LEAGUE SCORING SYSTEMS

Scoring in the ASL is based on team performance. Except when a swimmer is disqualified, each swimmer will contribute to the overall total and performance of the team. Results in the ASL are based on the total accumulated points for the whole team.

Except for the Grand Final where places will be established by electronic timing, placing for each event will be determined by:

- Places 1st 3rd by the <u>Referee</u> (who may use recorded times to verify the place recorded).
- Places 4th 8th by <u>Timekeepers</u> (either, as averaged between the two times recorded on each lane, or the slowest of the two times recorded on each lane). The time allocated shall be the official time, and except for the case of places 1st 3rd, shall be the only verification of place.

Once <u>place</u> is established, points will be allocated toward the team total for each event in accordance with the following method:





2012 ASL Senior League POINTS ALLOCATION (8-lane pool)

Individual Events				
Place	Points			
1 st	8			
2 nd	7			
3 rd	6			
4 th	5			
	4			
6 th	3			
7 th	2			
8 th	1			
Relay) ai	cept Event #38 & #39 Canon nd Mid-Distance Event #19 L & 2) and Events #19 & #20 (Rounds 3 & 4)			
1 st	16			
2 nd	14			
3 rd	12			
4 th	10			
5 th	8			
6 th	6			
7 th	4			
8 th	2			
(Rou	Rounds 1 & 2) and Event #39 nds 3 & 4) Canon Relay			
1 st	24			
2 nd	21			
3 rd	18			
4 th	15			
5 th	12			
6 th	9			
7 th	6			
8 th	3			

Note: Event #38 (Rounds 1 & 2) and Event #39 (Rounds 3 & 4) is a 'Canon' Relay, made up of 8 swimmers (1 male and 1 female from each of the three swimmer categories PLUS any two swimmers, 1 male and 1 female, from any category), each swimming 50m freestyle. Swimmers may swim in any order.

No swimmer may swim twice in any Relay event.





Scoring in a round with fewer than eight teams

A scoring formula to ensure fairness has been established to cater for events being swum with fewer than eight teams and shall be applied to the points derived from any round scheduled to be swum with fewer than 8 teams.

When a team scheduled to swim forfeits

If the forfeit is for an 8 team round then points shall be allocated 8, 7, 6, 5, 4, 3, 2, and so on.

	7 Teams			6 Teams		
Place	Individual	Relay	Canon	Individual	Relay	Canon
1 st	8	16	24	8	16	24
2 nd	7	14	21	7	14	21
3 rd	6	12	18	6	12	18
4 th	5	10	15	5	10	15
5 th	3.5	7	10.5	2.5	5	7.5
6 th	2.5	5.0	7.5	1	2	3
7 th	1	2	3			





ASL SENIOR LEAGUE Team Registration Form

Team Name:		
Division:		
Team Contact Person:		
Address:		
Contact Ph Numbers:	Daytime Ph:	
	Evening Ph:	
	Mobile Ph:	
Contact Email Address:		
Preferred Team		
Colours:		
Team Entry Fee:	\$600.00 incl. GST	
Total Personal	\$	
Registration Fees:		
TOTAL Amount	\$	
Pavable:		

We will pay the Team Registration Fee (\$600.00 incl GST) together with all Personal Registration fees (if applicable) no later than <u>1st June 2012</u>

Team Registrations to be sent to:

ASL c/o Auckland Swimming, PO Box 300633 Albany

Phone 09 448 1480, Fax: 09 415 4594 Email: <u>info@akswim.co.nz</u>

Cheques made payable to 'Auckland Swimming League'





Team Name: Division:	ASL REGISTER OF TEAM MEMBERS SENIOR LEAGUE						
Athlete Name	DOB	Student? If so, what school year, or what which institution?	Already an ASA Competitive Swimmer?	Adult Registration?	Joining a SNZ Affiliated Swimming Club with this registration?	Only Joining ASL?	Fee Payable
			(If yes, please tick)	(If yes, please tick)	(If yes, please tick)	(If yes, please tick)	(see Schedule of Fees overleaf)
Continued everloof							

Continued overleaf





Continued from overleaf

Athlete Name	DOB	Student? If so, what school year, or what which institution?	Already an ASA Comp Swimmer? (If yes, please	Adult Registration? (If yes, please	Joining a SNZ Affiliated Swimming Club with this registration? (If yes, please	Only Joining ASL? (If yes, please	Fee Payable (see Schedule of
			tick)	tick)	tick)	tick)	Fees overleaf)
		•			TOTAL F	PAYABLE	\$

Schedule of Fees Payable	Joining a SNZ Affiliated Club while joining ASL	Only registering with ASL
ASA Competitive Swimmer	No charge	No charge
Student	\$15	\$20
Adult	\$20	\$30





PERSONAL REGISTRATION FORM						
	ASL S	enior League				
Name:	Surname:		Date o	f Birth:		
			,	,		
	First:		/	/		
Address:						
Name: (Parent/Caregiver)						
Address:						
(if different from above)						
Contact Ph Numbers:	Daytime Ph:					
	Evening Ph:					
	Mobile:					
Contact Email Address:						
I am a currently registered AS	SA competitive sw	vimmer. (please tick)	Yes	No		
If Yes, which club?						
My registration numbe	er is:					
If you are not a currently registered ASA com join a SNZ affiliated swimming club with this re			Yes	No		
If Yes, which club?						
-	•	, but I have no preference as to mbership of an affiliated club.	Yes	No		
	If Yes, please complete a SNZ application for membership form (attached)					





I agree to be bound by the rules of Auckland Swimming, and specifically those terms noted below:

I agree that as a member of the ASL that I will:

- 1. Always respect the rights of other competitors and officials and will always act with fairness and decency toward other participants in the league.
- 2. Always act within the principles of fair play expected of a sport.
- 3. Respect the decisions of referee's and officials.
- 4. Respect the facilities being used by ASL and act in accordance with the rules which may be particular to those facilities.
- 5. Allow the ASL to retain my personal details on their database and use these for the purposes of the sport.
- Allow ASL to use my personal information for marketing purposes with supporters and sponsors of the ASL. I understand that this may involve occasional contact being made with me with regard to the products and services of organisations which support the ASL (Agree/Disagree – please circle)
- 7. My membership and registration with the ASL is for the sole purpose of participating in various ASL organised events.
- 8. ASL may cancel or suspend my registration and right to compete in ASL events if I fail to comply with these terms or if in ASL's sole discretion my behaviour is deemed to be not in accordance with the established rules and practices of the ASL.
- 9. Acknowledge that participation in the ASL involves strenuous physical exertion and carries with it the risk of injury or harm. In the event of personal injury or harm I absolve ASL from direct responsibility in all regards other than as it relates to ASL's statutory obligations.

	Date
Signed (Athlete)	
	Date
Signed (Parent or Caregiver if under 18 yrs)	

ASL Senior League RULES

Rules specific to the Auckland Swimming League:

- 1. All swimsuits must be fabric. No wetsuits are permitted.
- 2. All swimmers must be registered with the Auckland Swimming League in order to be eligible to swim in a Final, and must have swum in at least one preceding round.
- 3. No swimmer may swim more than three individual events in their category, and no more than three additional individual events in a higher category in any round.
- 4. A swimmer may swim an unlimited number of relays in their own or higher category. No swimmer may swim twice in any relay event.
- 5. Classification will be made based on the swimmer's age as at 9th June 2012 (ASL Senior League). That classification will remain valid for the balance of the 2012 Senior League season.
- 6. The 'one-start' rule will apply.
- 7. Except where electronic timing is used, the Session Referee shall determine 1st, 2nd, 3rd placings. The Referee may refer to the timesheets to assist in decisions of 1st, 2nd, 3rd placings. Subsequent placings for each lane will be determined by timekeeper's sheets using either a time averaged from two manual timings on each lane (where available), or the slowest of two manual timings on each lane (where available).
- 8. The Session Referee's decision will be final.
- 9. Each team will supply <u>two</u> timekeepers (who will be assigned a lane other than their team lane) and <u>one</u> administration assistant, per session.
- 10. There will be <u>no marshalling</u>. Team Managers are responsible for ensuring that swimmers are available at the start of each event. The start of events will not be delayed.
- 11. Team Manager's Sheets must be made available at the Auckland Swimming office no later than Thursday 12 noon preceding the ASL round. Changes to the team list may be made up to 30 minutes before the start of a session, but Team Managers <u>must</u> supply an updated Team Manager Sheet to the administration desk prior to the start of that session.
- 12. Points allocation will be made in accordance with the published schedule. Teams will be seeded after the first grading round (random lane draw) and then seeded into subsequent rounds/sessions according to accumulated team points score. In each subsequent session lane allocation will be circle-seeded according to accumulated team points score. For the Final, lanes only will be allocated by accumulated team points score from previous rounds. All points will revert back to zero.
- 13. Technical infringements as determined by the Referee will result in relegation to last place for that event (and corresponding points score for that event). A Referee may determine that a team's repeated technical offending may constitute cheating in the context of fair play and of ASL rules, in which case the team may be disqualified for that event at the Referee's discretion. The Referee's decision will be final. In the event of a disqualification, no points will be awarded for that event.
- 14. For the avoidance of doubt, unless a matter is covered under ASL (Auckland Swimming League) Rules, the Referee will use the rules of the ASA (Auckland Swimming Association).