



How to book your place, pay and when to pay.

- To confirm your place a \$70 non-refundable deposit should be paid to NSS account 010 274 0013810 00 (reference should be your child's surname), by Wednesday 7th December 2011. This is for the camp, not stroke clinics.
- The remainder of the balance is to be paid no later than Wednesday 4th January 2012.
- Please complete the following details and email or post to NSS

Email: camps@nss.org.nz

or Postal: 'Camps', North Shore Swimming, PO Box 302 145, North Harbour, Auckland

What to bring: Togs, gear bags (fins, pull-buoys and kickboards, snorkel if you have one), at least one drink bottle, clothes and footwear for dry land work, lunch and at least two healthy snacks. Also a hat and sunscreen for outdoor activities and most importantly a really positive, 'have -a- go' attitude!!

For enquiries about the camp please email Gary Francis, gary@nss.org.nz

Name: _____ DOB: ___/___/___ Male ___ Female ___

Address: _____ Home phone _____
_____ Mobile phone _____
_____ email _____

Current swim Club, swimming level, and level of experience _____

Half - Day Camp

Camp 1 (Jan 9-13, 9am to 1pm))

Camp 2 (Jan 9-13, 12pm to 3.30pm)

Camp 3 (Jan 16-20, 9am to 1pm)

Full – Day Camp:

Camp 1 (Jan 9-13, 9am to 3.30pm)

Individual Stroke Clinics

Freestyle(Jan 16, 1.30- 4.00pm)

Butterfly(Jan 17, 12.30- 3.00pm)

Backstroke(Jan 18, 1.00- 3.30pm)

Breaststroke(Jan 19, 12.00- 2.30pm)

For Office use: Deposit paid **Full amount/balance paid**

Medical Information:
Please list any current medical conditions that may affect your child's level of participation while at camp: _____

Please name and give details of any medication your child will be taking whilst on camp: _____

Emergency Contact details:
1) Name _____ Number _____
2) Name _____ Number _____