



2012 ASL Senior League

Its League time again

ASL Swimming League is upon us again with the Junior League having already successfully completed Season One last term and scheduled to begin Season Two in July. With the start of the very full international season and the beginning of the domestic short-course season, much consideration has been given to the Senior/Premier League for this year given that it is Olympic Year and that many of our leading swimmers have a full schedule ahead of them this season, either with the Aquablacks or with other national touring teams.

We have determined to run Senior League for the season, on a reduced basis which reflects the likely absence of our 'top' swimmers on international duty.

Schedule

The revised schedule we are now planning is as follows:

Round	Date	Location	Time
1	Saturday 9 th June	Diocesan Pool	3.00pm – 7.00pm
2	Saturday 16 th June	Diocesan Pool	3.00pm – 7.00pm
3	Saturday 7 th July	Cameron Pool	3.00pm – 7.00pm
FINAL	Saturday 14 th July	Diocesan Pool	3.00pm – 7.00pm

Exact times will be confirmed once we have the final roster of participating teams. We will be working with a variant of the successful team formula used in 2011. This reduced programme ran for approximately 55 mins. Ideally, we would hope that each round is completed by 6.30pm, but this will depend on the numbers of teams and if we need to run additional divisions.













Team Size and Composition

Team sizes will be limited to a participating 'on the night roster' of no more than 18 athletes (the team may have more athletes to cover no-shows etc, but only 18 may swim in each round/final). A swimmer cannot swim in the Final unless they have swum in at least one of the preceding rounds.

The teams will be built around three age categories:

Category	Age	Adult/Masters Age	
C1	13/under	45yrs/over	
C2	16/under	30yrs – 44yrs	
Open	Open Age		

Double point middle distance event

This season we have included a distance event in each round. Round 1 with have a "Joint" Mens/Womens Open 800m Free event. Each team will be required to field a male and female swimmer, swimming together on opposite sides of the team lane (female swimmers will start first with male swimmers sent off after the last female swimmer has passed the 15m mark). This event will be double points for both swimmers.

Round 2 will feature a "Joint" Mens/Womens Open 400m Free event, swum on the same basis as Round 1. Round 3 will be a separate Womens Open 200 Free and a Mens Open 200 Free event. For the final Round 4 we will feature a separate Womens Open 400m Free and Mens Open 400m Free.

Prize Money

We are grateful for the support of Absolute Insurance to the ASL and their sponsorship of two years prize money for the Premier League. With the reduction of 'status' to the













Senior League no prize money is being offered this season. However, the Swim T3 Champions Trophy will still be competed for and awarded to the winning team, in addition to Gold, Silver and Bronze medals to the top three teams. To date that trophy has been held by Speedo Typhoons for two years in 2010 and last year 2011. The trophy was also competed for in the special ANZACS for Canterbury event in 2011 and won by a team led by Libby Trickett.

Entry Fee

Once again through the generous support of ASB Community Trust who are underwriting some of our costs we are able to maintain the entry fee structure at \$600 per team with a \$15 per athlete registration fee for any athletes who are not currently registered as competitive swimmers. For a 18 person team that will be just \$33.30 per swimmer (plus \$15 registration if appropriate).

Entry Deadline

For the purposes of planning it will be helpful to receive expressions of interest by 25th May and completed Team Lists (together with payment) by June 1.

Remember Teams do not need to be club-based and can be comprised of athletes from all backgrounds.

We look forward to having you all back again this year

A competitive swimmer is defined as a swimmer currently registered with a Swimming New Zealand affiliated competitive swimming club







