Swim Lake Hood



Saturday 15th December 2012 www.swimlakehood.com

The Lake Hood Open Water will once again be taking place on the shores of Lake Hood, Ashburton in 2012. Don't miss out on this exciting open water event that caters for all ability levels.

10km, 5km, 2.5km, 500m, 800m and 200m events cater for first timers, recreational and competitive swimmers, tri-athletes and New Zealand's finest.

Don't miss out, for full details and how to enter visit www.swimlakehood.com

Ashburton Swim Team proudly supported by



