



# Open Water Swimming Workshop

**For swimming, surf lifesaving  
& triathlon coaches**



## **Auckland Waterfront**

**(Marine Rescue Centre, Mechanics Bay, Auckland)**

**9.00am – 1.00pm**

**Sunday 22 April, \$75.00 (incl. GST)**

**The fundamentals of Open Water Swimming – aimed at  
Bronze and ACA Junior skills level coaches, although  
there are no pre-requisites for attendance.**

**To register go to:**

**<http://www.triathlon.org.nz/register-a-coach-programme/Register-for-a-coach-programme-or-workshop>**

**(click the top link and choose your course after entering your details)**