

Meeting



of Regional Assessment Days Coaches Group
held on Monday 22 May, 2006 at 10.00am
at Sports House, Harbour Sport, Stadium Drive, Albany

Present: Dan Feisst, Gwen Ryan, Glenn Hamblyn, Mihai Mandache, Chris Hotchin
and Philippa Bouzaid

Apologies: Simon Mayne, Tom Fronek, Bernie Poole

General Business:

Dan briefed the group on the SNZ training days and how the three RAD camps were to be run. Points noted:

- Why?** NZ Swimming overall - finding out how we are really going
RADs are firstly for the upskilling of coaches and secondly for the swimmers
– will be a great benefit to all involved
Must run as the SNZ Programme has outlined
Idea is to get the fundamentals / basics correct.
- Who?** Swimming Auckland is running the camps for 60 swimmers.
The requirement for these swimmers is that they will have to attend all three
camps
- What Doing?** 4 sessions per day – 1 hour pool sessions
Test sets, variety of skills coaching etc.
In between pool sets – land sessions and speakers
- Criteria:** Swimmers were selected from the XLR8 programme
10/under; 11 years; 12 years and 13 years – Boys and Girls
- Lunch:** This is being provided to all in attendance.
- T Shirts:** To be given to each swimmer – white with blue writing
To be given to each coach – blue with white writing
Design to be forwarded to SNZ for approval.

The meeting closed at 11am.