WELCOME TO THE
2013 SWIM T3 JUNIOR LEAGUE

Induction Pack

- Introduction to the Swim T3 Junior League

- Classification of Swimmers

- Scoring Systems

- Team Entry Form

- Register of Team Members

- Individual Registration Form

- Guide for Team Managers

- Team Manager Sheets

- Swim T3 Junior League Rules

Welcome to the Swim T3 Junior League
JUNIOR LEAGUE

The Swim T3 Junior League is an initiative by Auckland Swimming. Now in its fourth year, league swimming creates opportunities for participation in swimming as an organised sport, with particular emphasis on team involvement.

The following Quick Facts are expanded further in this information pack:

Quick Facts

How it works

There are two competition seasons available in 2013 (School Terms 1 & 3). Teams will be placed in groups for a seeding round. They will then be placed in divisions for five rounds culminating in a Divisional Final. Each round will be approximately 55 minutes long. The emphasis is on fun and participation, but with a real competitive edge.

Competition Season Dates:

Round	Term 1 2013	Pool
1	2nd March (Grading)	Diocesan Pool
2	9th March	Cameron Pool
3	23rd March	Cameron Pool
4	6th April	Cameron Pool
5	13th April (Divisional Final)	Diocesan Pool

Round	Term 3 2013	Pool
1	10th August (Grading)	TBA
2	17th August	TBA
3	24th August	TBA
4	7th September	TBA
5	21st September (Divisional Final)	TBA

Competition Location

Competition is scheduled on Saturdays and will be held at the Diocesan Pool in Epsom or the Cameron Pool in Mt Roskill. Divisions will be allocated a time slot for each round. The time slot will include a warm-up time.

Team Size

Minimum team size will be 16 swimmers (8 male and 8 female), although an ideal team size will be in the region of 24 swimmers. Every swimmer, regardless of ability, will contribute to the overall team result. Teams will be made up of swimmers from school years 5 – 8 (8 – 12 years).

Race Events

Each round consists of sprint events, covering all strokes and relays. Depending on the swimmers age, most events are either 1 or 2 lengths of the 25 meter pool.

Team training commitment

A team would ideally hold one or two practice sessions preceding each round. It is recommended that they concentrate on basic competitive skills (dive starts, relay takeovers etc).

Coaching Assistance

If you do not have swim coaching support for your team and require help, please contact Auckland Swimming. A mentor can be provided at a cost of $400 for the season.

Team Fees

The cost is $600 per team plus individual registration fees. If a team mentor is used, this also needs to be added to the total team cost.

Individual registration fees are:

- **Nil for swimmers who are currently registered as competitive swimmers in the Auckland Region (ASA)**

- **$20 (if not a currently registered competitive swimmer), but discounted to $15 if registering with a Swimming NZ affiliated club when joining the league**

Team Volunteer Requirements at Meets

Each team will need to contribute three volunteers when they compete (two time-keepers and an admin assistant).

Prizes

The winning teams in each division will be presented with the following cups:

The Helen Norfolk Cup (Division 1)

The Alison Fitch Cup (Division 2)

Swim T3 Division 3 Cup

In addition, all team members in the top three teams will receive either medals or ribbons.

Interested, what do we do now?

In this package you will find team and individual registration forms. If you wish to discuss your interest, either call or email Brian from Auckland Swimming on **09 4481480**, or email **brian@akswim.co.nz**.

Classification of Swimmers

Swimmers in the Swim T3 Junior League are given a 'classification' which is determined on the basis of age, school year (in the case of school students) and also whether or not the swimmer is currently competing as a 'competitive swimmer'*.

SWIM T3 JUNIOR LEAGUE

Classification	School (Year)	Age Guideline
C1	5	8 & under
C2	6	9 - 10
C3	7	10 - 11
C4	8	11 - 12

Upon registration a swimmer will be classified for that league season. Age classification shall be calculated by the swimmer's age as at the date of the first league round for that year (i.e. 2013 Swim T3 Junior League Term 1 being 2nd March 2013).

Swimmers may swim in a higher category but may not swim down.

Swimmers younger than school Year 5 may participate in the League as C1 swimmers, providing they meet minimum competency standards. Generally we would see this as being able to competently swim 2 lengths of a pool – if they are going to swim a form stroke, they must be competent in the execution of that stroke as Referees will disqualify for incorrect stroke swimming (especially in Breaststroke and Butterfly).

* A competitive swimmer is defined as a swimmer currently registered with a Swimming New Zealand affiliated competitive swimming club

SCORING SYSTEMS

Scoring in the Swim T3 Junior League is based on team performance. Except when a swimmer is disqualified, each swimmer will contribute to the overall total and performance of the team. Results in the Swim T3 Junior League are based on the total accumulated points for the whole team.

Except for Grand Finals (or curtain-raisers to Premier League Grand Finals) at West Wave Pool where touch-pads may be in use and places will be established by electronic timing, placing for each event will be determined by:

- **Places 1st – 3rd** by the <u>Referee</u> (who may use recorded times to verify the place recorded).

- **Places 4th – 8th** by <u>Timekeepers</u> (either, as averaged between the two times recorded on each lane, or the slowest of the two times recorded on each lane). The time allocated shall be the official time, and except for the case of places 1st – 3rd, shall be the only verification of place.

Once <u>place</u> is established, points will be allocated toward the team total for each event in accordance with the following method:

Swim T3 Junior League
POINTS ALLOCATION (8-lane pool)

Individual Events	
Place	*Points*
1st	8
2nd	7
3rd	6
4th	5
5th	4
6th	3
7th	2
8th	1
Relays (except Event #41 Canon Relay)	
1st	16
2nd	14
3rd	12
4th	10
5th	8
6th	6
7th	4
8th	2
Event #41 Canon Relay	
1st	24
2nd	21
3rd	18
4th	15
5th	12
6th	9
7th	6
8th	3

Note: Event #41 is a 'Canon' Relay, made up of 8 swimmers (1 male and 1 female from each of the 4 swimmer categories), each swimming 50m freestyle. Swimmers may swim in any order.

No swimmer may swim twice in any Relay event.

Scoring in a round with fewer than eight teams

A scoring formula has been established to cater for events being swum with fewer than eight teams has been prepared and shall be applied to the points derived from any round scheduled to be swum with fewer than 8 teams.

When a team scheduled to swim forfeits

If the forfeit is for an 8 team round then points shall be allocated 8, 7, 6, 5, 4, 3, 2, and so on.

Place	7 Teams			6 Teams		
	Individual	Relay	Canon	Individual	Relay	Canon
1st	8	16	24	8	16	24
2nd	7	14	21	7	14	21
3rd	6	12	18	6	12	18
4th	5	10	15	5	10	15
5th	3.5	7	10.5	2.5	5	7.5
6th	2.5	5.0	7.5	1	2	3
7th	1	2	3			

SWIM T3 JUNIOR LEAGUE
Team Registration Form

Team Name:	
Team Contact Person:	
Address:	

Contact Phone Numbers:	Daytime Ph:	
	Evening Ph:	
	Mobile Ph:	
Contact Email Address:		
Preferred Team Colours:		

Team Entry Fee:	**$600.00 incl. GST**
Total Personal Registration Fees:	$
TOTAL Amount Payable:	$

We will pay the Team Registration Fee ($600.00 incl GST) together with all Personal Registration fees (if applicable) no later than 2nd March 2013 (Term 1 Season)

Team Registrations to be sent to:

Swim T3 Junior League c/o Auckland Swimming, PO Box 300633 Albany

Phone 09 448 1480, Fax: 09 415 4594
Email: info@akswim.co.nz

Cheques made payable to '**Auckland Swimming**'

SWIM T3 JUNIOR LEAGUE
REGISTER OF TEAM MEMBERS

Team Name:

Athlete Name	DOB	School Year	Already an ASA Competitive Swimmer? *(If yes, please tick)* **No Charge**	Joining a SNZ Affiliated Swimming Club with this registration? *(If yes, please tick)* **$12.00**	Only Joining Swim T3 Junior League? *(If yes, please tick)* **$15.00**	Fee Payable

Athlete Name	DOB	School Year	Already an ASA Competitive Swimmer? *(If yes, please tick)* **No Charge**	Joining a SNZ Affiliated Swimming Club with this registration? *(If yes, please tick)* **$12.00**	Only Joining Swim T3 Junior League? *(If yes, please tick)* **$15.00**	Fee Payable
				TOTAL PAYABLE		

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PERSONAL REGISTRATION FORM
Swim T3 Junior League

Name:	Surname:		Date of Birth:
	First:		/ /

Address:	

Name: (Parent/Caregiver)	

Address: (if different from above)	

Contact Ph Numbers:	Daytime Ph:	
	Evening Ph:	
	Mobile:	

Contact Email Address:	

I am a currently registered ASA competitive swimmer. (please tick)		Yes	No
If *Yes*, which club?			
My registration number is:			

If you are not currently a registered ASA competitive swimmer, do you wish to join a SNZ affiliated swimming club with this registration? (please tick)		Yes	No
If *Yes*, which club?			

I wish to join a SNZ affiliated swimming club, but I have no preference as to which club. I am happy for ASA to arrange membership of an affiliated club.		Yes	No
If *Yes*, please complete a SNZ application for membership form (attached)			

I agree to be bound by the rules of the Swim T3 Junior League and Auckland Swimming, and specifically those terms noted below:

I agree that as a member of the Swim T3 Junior League that I will:

1. Always respect the rights of other competitors and officials and will always act with fairness and decency toward other participants in the league.

2. Always act within the principles of fair play expected of a sport.

3. Respect the decisions of referee's and officials.

4. Respect the facilities being used by the Swim T3 Junior League and the ASA, and act in accordance with the rules which may be particular to those facilities.

5. Allow the Swim T3 Junior League and the ASA to retain my personal details on their database and use these for the purposes of the sport.

6. Allow Swim T3 Junior League and the ASA to use my personal information for marketing purposes with supporters and sponsors of the Swim T3 Junior League and the ASA. I understand that this may involve occasional contact being made with me with regard to the products and services of organisations which support the Swim T3 Junior League and the ASA. **(Agree / Disagree – please circle)**

7. My membership and registration with the Swim T3 Junior League is for the sole purpose of participating in various Swim T3 Junior League organised events.

8. Swim T3 Junior League may cancel or suspend my registration and right to compete in Swim T3 Junior League events if I fail to comply with these terms or if in Swim T3 Junior League's sole discretion my behaviour is deemed to be not in accordance with the established rules and practices of the Swim T3 Junior League or the ASA.

9. Acknowledge that participation in the Swim T3 Junior League involves strenuous physical exertion and carries with it the risk of injury or harm. In the event of personal injury or harm I absolve Swim T3 Junior League and the ASA from direct responsibility in all regards other than as it relates to Swim T3 Junior League and the ASA's statutory obligations.

_____ ___   Date _____
Signed (Athlete)

_____ ___   Date _____
Signed (Parent or Caregiver)

Guidelines for Team Managers

For many children, their first experience of competitive swimming will be in the Swim T3 Junior League. Also, for many parents, this will be their first experience on 'official duties'. We look forward to this and hope to create an environment that ensures these 'firsts' are positive experiences.

The following helpful notes have been provided for your assistance, particularly for those of you who are accepting a Team Manager's position for the first time:

Before the commencement of ASL Junior League you will find a copy of the Swim T3 Junior League Rules and a Team Manager Sheet on the ASA website which will list the events to be swum. Events swum in Rounds 1, 3, 5 are slightly different to Rounds 2, 4, or 6, therefore, <u>make sure that you are using the right Team Manager Sheet</u>. Refer to the Swim T3 Junior League page on the ASA website for all information.

Teams will be notified of their start times.

'Over the top starts' will be used in the Swim T3 Junior League. Swimmers may use the starting blocks <u>or</u> start in the water from the side of the pool. Recognising that for many swimmers this will be their first time 'competing', a 'two-start' rule procedure will be used.

Before Coming to the Pool

- Refer to the programme of events and decide which swimmer will swim in which event. Try to give each swimmer the same number of races and be aware of the sequence of races so that the swimmer does not have to swim races too close together. Remember, teams can participate even if there are only a minimal number of members available (subject to the minimum / maximum events ruling as specified in the Information Sheet).

- Enter the full name of each swimmer on the <u>Team Manager Sheet</u>.

- Contact each swimmer in your team and advise them which team they are in and where and when they will be swimming.

- Complete the Team Manager Sheet and return to the ASA office prior to the commencement of each round, either scanned and emailed, or using the on-line form.

- You will receive notification of your start-time at the pool (which may differ from round to round depending on grading) and lane draw.

- Arrange officials as requested making sure that your Timekeepers know to average the time (i.e. TK1 = 38.75, TK2 = 38.95, therefore averaged time is 38.85)

  If they are not confident about averaging, they can just write all times on the sheet, leave, and the recorders will attend to this.

- During the course of the Swim T3 Junior League round, your volunteer officials may also be expected to act as:

☞ Runner

☞ Assistant Recorder

☞ Rope Steward

☞ False Start Official

Upon Arrival at the Pool

- Changes to your Team Manager Sheet can be made up to 10mins before start time, but please ensure that you hand in a copy of your Team Manager Sheet to the Recorder's table before the commencement of the session.

- Make sure the swimmers know which event they are swimming, your team's allocated lane for warm-up and competition, and that they are ready to swim as required.

- Over-the-top starts will be used so please ensure that your swimmers are prepared for this. Please consult your coach if unsure.

- Check with your Timekeepers and advise them to report to the Recorder's desk 15 mins before your round begins, to be allocated their lane and be given stopwatches and timekeeping sheets.

- Each swimmer must report back to you immediately after each event and remain with you to be advised of their next swim.

- The Swim T3 Junior League program should take about 55 minutes for each 'round'.

- If you and your team are well organised, you, your new swimmers and their parents will enjoy their first experience of competitive swimming.

The order of the Individual Medley is:	The order of the Medley Relay is:
Butterfly	Backstroke
Backstroke	Breaststroke
Breaststroke	Butterfly
Freestyle	Freestyle

Team:	
Date:	

2013 Swim T3
Junior League – Term 1
Programme of Events
Round 1 (Grading Round) – 2nd March
Round 3 – 23rd March
Round 5 – 13th April

SWIM T3 JUNIOR LEAGUE

Team Manager Sheet 1 (Rounds 1, 3, 5)

Event No.	Category	Event	Name
1	Girls C2	1 Length Freestyle	
2	Boys C2	1 Length Freestyle	
3	Girls C1	1 Length Breaststroke	
4	Boys C1	1 Length Breaststroke	
5	Girls C3	4 x 1 length Freestyle Relay	
6	Boys C3	4 x 1 length Freestyle Relay	
7	Girls C4	2 Length Backstroke	
8	Boys C4	2 Length Backstroke	
9	Girls C2	1 Length Breastroke	
10	Boys C2	1 Length Breastroke	
11	Mixed C1	4 x 1 length Freestyle Relay	
12	Girls C4	1 length Butterfly	
13	Boys C4	1 length Butterfly	
14	Girls C3	2 Length Backstroke	
15	Boys C3	2 Length Backstroke	
16	Girls C4	2 Lengths Breaststroke	
17	Boys C4	2 Lengths Breaststroke	
18	Girls C2	4 x 1 Length Medley Relay	BK
			BR
			FLY
			FR
19	Boys C2	4 x 1 Length Medley Relay	BK
			BR
			FLY
			FR

CONTINUED OVER

Event No.	Category	Event	Name
20	Girls C3	1 Length Butterfly	
21	Boys C3	1 Length Butterfly	
22	Girls C1	1 Length Butterfly	
23	Boys C1	1 Length Butterfly	
24	Girls C4	2 Lengths Freestyle	
25	Boys C4	2 Lengths Freestyle	
26	Girls C2	1 Length Backstroke	
27	Boys C2	1 Length Backstroke	
28	Girls C1	1 Length Freestyle	
29	Boys C1	1 Length Freestyle	
30	Girls C4	4 x 1 length Medley Relay	BK
			BR
			FLY
			FR
31	Boys C4	4 x 1 length Medley Relay	BK
			BR
			FLY
			FR
32	Girls C3	2 Lengths Breastroke	
33	Boys C3	2 Lengths Breastroke	
34	Girls C2	1 Length Butterfly	
35	Boys C2	1 Length Butterfly	
36	Girls C1	1 Length Backstroke	
37	Boys C1	1 Length Backstroke	
38	Girls C3	2 Lengths Freestyle	
39	Boys C3	2 Lengths Freestyle	
40	Mixed C4	4 x 2 lengths Freestyle Relay	
41	Mixed Canon Relay	8 x 1 length Freestyle Relay	

Team:	
Date:	

2013 Swim T3
Junior League – Term 1
Programme of Events
Round 2 – 9th March
Round 4 – 6th April

SWIM T3
JUNIOR LEAGUE

Team Manager Sheet 2 (Rounds 2 & 4)

Event No.	Category	Event	Name
1	Girls C2	1 Length Freestyle	
2	Boys C2	1 Length Freestyle	
3	Girls C1	1 Length Breaststroke	
4	Boys C1	1 Length Breaststroke	
5	Girls C3	4 x 1 length Medley Relay	BK
			BR
			FLY
			FR
6	Boys C3	4 x 1 length Medley Relay	BK
			BR
			FLY
			FR
7	Girls C4	2 Length Backstroke	
8	Boys C4	2 Length Backstroke	
9	Girls C2	1 Length Breastroke	
10	Boys C2	1 Length Breastroke	
11	Mixed C1	4 x 1 length Medley Relay	BK
			BR
			FLY
			FR
12	Girls C4	1 length Butterfly	
13	Boys C4	1 length Butterfly	
14	Girls C3	2 Length Backstroke	
15	Boys C3	2 Length Backstroke	
16	Girls C4	2 Lengths Breaststroke	
17	Boys C4	2 Lengths Breaststroke	
18	Girls C2	4 x 1 Length Freestyle Relay	
19	Boys C2	4 x 1 Length Freestyle Relay	

CONTINUED OVER

Event No.	Category	Event	Name
20	Girls C3	1 Length Butterfly	
21	Boys C3	1 Length Butterfly	
22	Girls C1	1 Length Butterfly	
23	Boys C1	1 Length Butterfly	
24	Girls C4	2 Lengths Freestyle	
25	Boys C4	2 Lengths Freestyle	
26	Girls C2	1 Length Backstroke	
27	Boys C2	1 Length Backstroke	
28	Girls C1	1 Length Freestyle	
29	Boys C1	1 Length Freestyle	
30	Girls C4	4 x 1 length Freestyle Relay	
31	Boys C4	4 x 1 length Freestyle Relay	
32	Girls C3	2 Lengths Breaststroke	
33	Boys C3	2 Lengths Breaststroke	
34	Girls C2	1 Length Butterfly	
35	Boys C2	1 Length Butterfly	
36	Girls C1	1 Length Backstroke	
37	Boys C1	1 Length Backstroke	
38	Girls C3	2 Lengths Freestyle	
39	Boys C3	2 Lengths Freestyle	
40	Mixed C4	4 x 2 lengths Medley Relay	BK
			BR
			FLY
			FR
41	Mixed Canon Relay	8 x 1 length Freestyle Relay	

SWIM T3 JUNIOR LEAGUE RULES

Rules specific to the Swim T3 Junior League:

1. All swimsuits must be fabric. No wetsuits are permitted.

2. All swimmers must be registered with the Swim T3 Junior League in order to be eligible to swim in a Final, and must have swum in at least one preceding round.

3. No swimmer may swim more than two individual events in their category, and no more than two additional individual events in a higher category in any round.

4. A swimmer may swim an unlimited number of relays in their own or higher category. No swimmer may swim twice in any relay event.

5. Classification will be made based on the swimmer's age as at 2nd March 2013 (Swim T3 Junior League Term 1) or 10th August (Swim T3 Junior League Term 3). That classification will remain valid for the balance of the league season.

6. The 'one-start' rule will apply.

7. Except where electronic timing is used, the Session Referee shall determine 1st, 2nd, 3rd placings. The Referee may refer to the timesheets to assist in decisions of 1st, 2nd, 3rd placings. Subsequent placings for each lane will be determined by timekeeper's sheets using either a time averaged from two manual timings on each lane (where available), or the slowest of two manual timings on each lane (where available).

8. The Session Referee's decision will be final.

9. Each team will supply <u>two</u> timekeepers (who will be assigned a lane other than their team lane) and <u>one</u> administration assistant, per session.

10. There will be <u>no marshalling</u>. Team Managers are responsible for ensuring that swimmers are available at the start of each event. The start of events will not be delayed.

11. Team Manager's Sheets must be made available at the Auckland Swimming office no later than **Thursday 12 noon preceding the Swim T3 Junior League round**. Changes to the team list may be made up to 30 minutes before the start of a session, but Team Managers <u>must</u> supply an updated Team Manager Sheet to the administration desk prior to the start of that session.

12. Points allocation will be made in accordance with the published schedule. Teams will be seeded after the first grading round (random lane draw) and then seeded into subsequent rounds/sessions according to accumulated team points score. In each subsequent session lane allocation will be circle-seeded according to accumulated team points score. For the Final Round, lanes only will be allocated by accumulated team points score from previous rounds. All points will revert back to zero.

13. Technical infringements as determined by the Referee will result in relegation to last place for that event (and corresponding points score for that event). A Referee may determine that a team's repeated technical offending may constitute cheating in the context of fair play and of the Swim T3 Junior League rules, in which case the team may be disqualified for that event at the Referee's discretion. The Referee's decision will be final. In the event of a disqualification, no points will be awarded for that event.

14. For the avoidance of doubt, unless a matter is covered under Swim T3 Junior League Rules, the Referee will use the rules of the ASA (Auckland Swimming Association).